

# People who can help



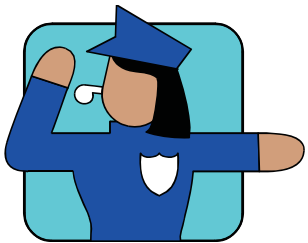
friends &



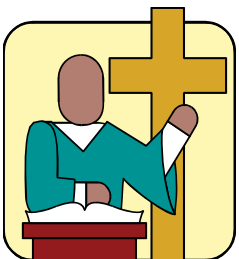
teachers



lawyers &



police officers



clergy



doctors &

**Call 911**

if you need help **RIGHT NOW**

**Call 1-800-799-SAFE (7233)**

**or 1-800-787-3224 (TTY)**

if you need someone to talk to



# Safety for Kids



AMERICAN BAR ASSOCIATION  
740 15<sup>th</sup> Street, NW  
Washington, DC 20005

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*A Joint Project*  
The Young Lawyers Division  
and

The Commission on Domestic Violence



## DOMESTIC VIOLENCE IS



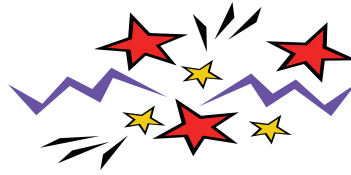
It might make you feel scared, confused or mad.

It can make you feel like crying or yelling.

It might make you feel embarrassed or guilty, but **it's not your fault.**



## WHEN THE FIGHTING STARTS



### Stay away from the fight!

- Stay out of the room where the fighting is.
- Stay out of small rooms where you might get trapped, like a closet or a bathroom.
- Stay out of the kitchen and garage, where it's easy to get hurt during a fight.

### Get help!

- Go to a safe place, like a neighbor's or friend's house.
- If you need help **RIGHT NOW**, try to call 911 from a room away from the fighting.

## THINGS TO THINK ABOUT

- Which doors, windows or stairs are the safest way to get out of your house during a fight?
- Which grownups could you talk to about getting help?

***Remember:***  
***It's not***  
***your fault!***

It's okay to love both of your parents, even if one parent is hurting the other.

But it's not okay for that parent to hurt you, your other parent or anyone else.